



DEPRESSION SUPPORT GROUP

The depression support group provides an opportunity for men and women to meet and chat about issues relating to depression. The group is facilitated by a trained counselor and participants are encouraged to listen, share and support each other in their journeys. Guest speakers are arranged from time to time to discuss relevant topics associated with the management of depression.

Meeting Dates 2009

2nd Tuesday of each month:

10th Feb, 10th Mar, 14th Apr, 12th May, 9th Jun, 14th Jul, 11th Aug, 8th Sep, 13th Oct, 10th Nov & 8th Dec.

Venue: 23 Stanley Street, Peakhurst

Time: 7.30 pm - 9.30 pm

For more information contact:

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Website: www.grlifecare.org.au